



MANCHESTER
SHAMBHALA
MEDITATION GROUP

www.ManchesterShambhala.org

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Manchester, Vermont

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An Invitation to Membership

The Manchester Shambhala Meditation Group is home to a vibrant and diverse community of members and friends who provide ongoing volunteer and financial support, creating a warm, genuine basis for realizing the full potential of our authentic wisdom traditions. Membership is a formal statement of one's affiliation with the Shambhala community. A member of Shambhala makes a connection to mindfulness-awareness practice, and works to integrate that practice into daily life. As part of the global mandala of Shambhala, members are dedicated to creating enlightened society. This is accomplished in three ways:

By being willing to undertake regular mindfulness-awareness practice. This is the best way for all of us to support our communities, our world, and ourselves.

By being willing to give regular financial support to our Shambhala community, based on our income and other financial obligations. Providing financial support to the center is viewed as part of our practice.

By being willing to donate our time to various tasks within the Shambhala community, based on our abilities and time availability. Providing service to the center likewise becomes part of our practice.

Membership is an individual choice, which arises from a sense of connection to Shambhala and a willingness to support the mandala in the above three capacities. The Manchester Shambhala Meditation Group thrives because of the generosity of its members, whose support expresses their personal inspiration and commitment to the path of awakening. Membership is key to our financial stability and demonstrates a powerful aspiration to maintain this special Group as a resource to all. Monthly membership donations help to cover necessary expenses such as rent, utilities, maintenance, and programming costs. Most members contribute \$40-\$50 per month. As a member of Shambhala, you will also have access to special areas of the main Shambhala.org website, including the database of all members.

If you feel ready to take this step, please sign below. If you have questions regarding membership, please speak with Bethany, Wendy, or Dave (our Leadership Council).

Yes, I would like to become a member of Shambhala.

I understand the three aspects of membership listed above and would like to deepen my participation in this community.

My regular donation amount will be \$_____/month, payable by:

Cash Check EFT*

Signature_____ Date_____

*See attached [Electronic Funds Transfer \(EFT\) form](#). This is the easiest method, and enables us to forecast our budget needs.